



National Nutrient Database for Standard Reference

Release 28 slightly revised May, 2016

Statistics Report 14052, Alcoholic beverage, distilled, whiskey, 86 proof

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Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	63.90	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Energy	kcal	250	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2003
Energy	kJ	1046	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2003
Protein	g	0.00	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2003
Total lipid (fat)	g	0.00	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Ash	g	0.00	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Carbohydrate, by difference	g	0.10	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/1986
Fiber, total dietary	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1996
Sugars, total	g	0.10	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2005
Minerals													
Calcium, Ca	mg	0	244	0.086	0	0	1.0	-0.957	1.24	1	Aggregated data involving combinations of source codes 1 & 12	--	11/2002

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Iron, Fe 1 2 3 4 5 6 7	mg	0.02	117	0.015	0	0.03	1.0	-0.18	0.213	1	combinations of source codes 1 & 12	--	11/2002
Magnesium, Mg 1 2 3 4 5 6 7	mg	0	242	0.032	0	0	1.0	-0.363	0.449	1	combinations of source codes 1 & 12	--	11/2002
Phosphorus, P 1 2 3 4 5 6 7	mg	3	--	2.735	0	5	1.0	-31.984	37.509	1	combinations of source codes 1 & 12	--	11/2002
Potassium, K 1 2 3 4 5 6 7	mg	1	258	0.597	1	2	1.0	-6.269	8.891	1	combinations of source codes 1 & 12	--	11/2002
Sodium, Na 1 2 3 4 5 6 7	mg	0	261	0.050	0	1	1.0	-0.152	1.112	1	combinations of source codes 1 & 12	--	11/2002
Zinc, Zn 1 2 3 4 5 6 7	mg	0.02	81	0.023	0	0.05	1.0	-0.263	0.308	1	combinations of source codes 1 & 12	--	11/2002

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Copper, Cu 1 2 3 4 5 6 7	mg	0.014	117	0.008	0.01	0.02	1.0	-0.093	0.12	1	combinations of source codes 1 & 12	--	11/2002
Manganese, Mn 1 2 3 4 5 6 7	mg	0.008	--	0.008	0	0.01	1.0	-0.088	0.103	1	combinations of source codes 1 & 12	--	11/2002
Selenium, Se 1 2 3 4 5 6 7	µg	0.0	--	0.000	0	0	--	--	--	--	Analytical or derived from analytical	--	11/2002
Vitamins													
Vitamin C, total ascorbic acid	mg	0.0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Thiamin	mg	0.008	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Riboflavin	mg	0.001	--	0.000	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Niacin	mg	0.050	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Pantothenic acid	mg	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Vitamin B-6	mg	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Folate, total	µg	0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Folic acid	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2001

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Folate, food	µg	0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2003
Folate, DFE	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2006
Vitamin B-12	µg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/1986
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin A, RAE	µg	0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2003
Retinol	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	06/2002
Vitamin A, IU	IU	0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Lipids													
Fatty acids, total saturated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
4:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
6:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
8:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
10:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
12:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
14:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
16:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
18:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Fatty acids, total monounsaturated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
16:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
18:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
20:1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Fatty acids, total polyunsaturated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
18:2 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
18:3 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
18:4	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	09/2015
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986

Amino Acids

Other

Alcohol, ethyl	g	36.0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
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Sources of Data

¹Food and Drug Administration (FDA), DHHS FDA Total Diet Study, 1995

²Food and Drug Administration (FDA), DHHS FDA Total Diet Study, 1996

³Food and Drug Administration (FDA), DHHS FDA Total Diet Study, 1997

⁴Food and Drug Administration (FDA), DHHS FDA Total Diet Study, 1991

⁵Food and Drug Administration (FDA), DHHS FDA Total Diet Study, 1992

⁶Food and Drug Administration (FDA), DHHS FDA Total Diet Study, 1993

⁷Food and Drug Administration (FDA), DHHS FDA Total Diet Study, 1994